

Reflections on the Beatitudes



Which beatitude do you feel most comfortable with? Which one do you feel is part of who you are? Which one do you think you reflect most in your life? Briefly explain your answers.

Which beatitude makes you feel most uncomfortable? Which one is most puzzling? Which one do you feel called to develop more in your life? Why?

Write a few words to Jesus expressing how you feel about the beatitudes that are already active in your life and asking him to help you with those that are not yet as fully part of you as you would like them to be.